



SOUL
Café & Restaurant

French Caribbean
Tasting Night

7pm, Thursday 21st April 2022

Coconut Prawns 🌶️ (GF, DF)

Beef & Sugar-cane Kebab (GF, DF)
with creole sauce 🌶️

Shark Accra 🌶️ (GF, DF)
With mango salsa

Lamb Fricassee 🌶️
Served with rice n' peas (GF, DF)

Pineapple Upside Down Cake (GF)
with vanilla & mixed spice

Tickets £19.50pp for 5-courses
Advanced reservation & payment please
Call us during our opening hours on 01553 775 248
Or email: soulbookings@yahoo.com

Gluten-Free = GF

Dairy-Free = DF

Chilli rating 🌶️ = mild



Thai Tasting Night

7pm, Weds 23rd February 2022

Mixed platter of Thai starters:

Pork & vegetable golden bag

Chicken satay

Golden prawn wontons

Red pork with tamarins sauce

Massaman curry with chicken 🌶️

Aubergine, green beans, mixed peppers – served with rice

Banana Fruity Dessert

Tickets £19.50pp

Advanced reservation & payment please

Call us during our opening hours on 01553 775 248

Or email: soulbookings@yahoo.com

Chilli rating 🌶️ = mild-medium



Vegan Tasting Night

7pm, Weds 26th January 2022

Mushroom Tom Yum soup (GF)

Moroccan-style cauliflower bites (GF)
with vegan tzatziki

Thai vegan red curry 🌶️ (GF)

Aubergine, green beans, mixed peppers – served with rice

Mini garden burger 🌶️

Broad beans, peas & spinach, lightly spiced in ciabatta
(GF on request)

Chocolate & cherry cheesecake (GF)

with vegan vanilla ice cream

Tickets £19.50pp for 5-courses

Advanced reservation & payment please

Call us during our opening hours on 01553 775 248

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Please notify us if you would like the **gluten-free** option

Gluten-free = GF

Chilli rating 🌶️ = mild
